



Festival of Learning

A journey to personal and spiritual development and growth

Learning is a treasure
that will follow its owner
everywhere...



August 5 2009
Marriott Hotel, Karachi



Festival of Learning

August 5 2009, Marriott Hotel, Karachi

Overview

In the best of times, the struggle for corporate and business supremacy and pressures of professional excellence and growth put immense strain on all executives, managers and business heads across the board. The daily battles waging in the business arena push office workers to achieve more and more in a global phenomena. While managers, executives and business leaders may shine on the professional front, this strain undoubtedly raises havoc on the personal front. Work-life balance, the meaning of life, spiritual growth, and the overall concept of a psychological and spiritual well-being remain concepts which are ignored.

While work pressures chip away motivation and creativity in the best of circumstances, there is no measure of the strain our business managers have had to face during the recent down turn.

The physical and psychological burnout of business managers has received some attention internationally, however most Pakistani businesses sadly have yet to realize that in the long-run a productive worker or manager is one who is contented and satisfied on fronts other than those which mere material comforts can offer.

The Festival of Well Being has thus been perceived to reintroduce business heads, managers and executives in high pressure positions to the basic concepts of psychological and emotional well being as well as acquaint them with new methods and philosophies which will help them in their personal as well as professional development and growth.

This unique event will provide participants the opportunity to set aside the chains which bind them to the so called 'rat race' and invigorate the creativity, motivation, attitude and satisfaction which will result in their becoming more productive, effective and efficient individuals.

Learning is like rowing upstream:
not to advance is to drop back



Topics to be discussed

Some of the leading personal and professional development consultants, scholars, and experts from across the country will take the stage in powerful and motivating presentations to discuss issues like:

- 💡 Live the Dream
- 💡 Miracles in Manifestation: NLP & Creativity
- 💡 Stress, Fear and Anger Management
- 💡 A Spiritual approach to Real Life Challenges
- 💡 The Art of Living
- 💡 The Journey to Success
- 💡 The Purpose of Existence and Meaning of Life
- 💡 Extraordinary Health & Energy
- 💡 Spiritually Intelligent Leaders

Who needs to attend

All CEOs, Business Heads,
Managers, Executives
Professionals and Students
who wish to lead a more
satisfying and productive life.



Festival of Learning

August 5 2009, Marriott Hotel, Karachi

What you will achieve

The motive of this event is to enable participants to:

- 💡 Manage the personal and professional lives in a more efficient way
- 💡 Increase their productivity
- 💡 Uncover hidden talents
- 💡 Lead a more satisfying and meaningful life
- 💡 Manage human relations at the office and at home in a more effective manner
- 💡 Polish their tarnished creativity
- 💡 Unleash their hidden potential
- 💡 And all in all contribute better at work, home and in the community

A single conversation with a wise man is better than ten years of study



Mike Noel Smith
Motivational Speaker
United Kingdom



Special Keynote

Mike Noel-Smith is one of the UK's leading speakers on motivation, leadership, and self development. His unique interactive training programmes have inspired, informed and motivated thousands of businessmen and businesswomen throughout the UK, Europe, and Asia. Mike has delivered training and motivational presentations to a variety of sports teams including Harlequins RFC, The Royal Sun Alliance Ocean Racing Team and the England Cricket Team.

A keen ski-mountaineer and rock climber, he has led expeditions over the Alps, Mexican volcanoes, the high mountains of Africa as well as the deep jungles of Central America. In addition to his love of altitude, in 2003 he and a colleague Rob Abernethy attempted to become the first team ever to row unaided across the Indian Ocean. 2000 miles into their journey, battered by tropical storms and without a watermaker, they eventually had to abandon their row after some 50 days at sea in a dramatic nighttime rescue conducted by the Australian Navy. It was a fantastic life changing experience and both have vowed to return to finish the journey! He is the author of 'Wild Waters in the Roar' available at Amazon.

Mike is a Member of the Institute of Management Consultancy, The Professional Speakers Association and is a Practitioner of NLP (Neuro Linguistic Programming). He is also a Life Coach and CBPA qualified.



Festival of Learning

August 5 2009, Marriott Hotel, Karachi

Festival Agenda

08:30 am to 09:00 am

Registration

09:00 am to 09:15 am

Welcome Note and Event Objectives Terrabiz
Hamza Wasi Hashmi, CEO, Terrabiz

Session I

09:15 am to 10:45 am

Live the Dream

Mike Noel Smith, Motivational Speaker, UK

10:45 am to 11:00 am

Tea and Networking

Session II

11:00 am to 11:30 am

Miracles in Manifestation: Your destiny through Mind Power - NLP & Creativity

Kamran Sultan, NLP & Hypnosis Trainer, The First Institute of Dynamic Learning

11:30 am to 12:00 noon

Fear and Anger Management

Max Babri, Pakistan Cricket Team Psychologist and Cynical Hypnotherapist

12:00 noon to 12:30 pm

A Spiritual Approach to Real Life Challenges

Fakhir Shah, Managing Partner, Middle East and Asia, Schuitema

12:30 pm to 01:00 pm

The Art of Living

Naeem Zamindar, Vice President, Mobilink

01:00 pm to 02:00 pm

Lunch and Networking

Session III

02:00 pm to 03:00 pm

Interactive Panel Discussion "The Journey to Success"

Moderated by **Zahoor Motiwala**, CEO, TMT Ventures

03:00 pm to 3:30 pm

Who Am I? - The purpose of existence and meaning of life

Dr. Khalid Zaheer, Director Education, Al-Mawrid Institute of Islamic Education

03:30 pm to 3:45 pm

Afternoon Tea and Networking

Session IV

03:45 pm to 04:15 pm

Extraordinary Health & Energy

Asad Rezzvi, CEO, E-Cube Global

04:15 pm to 04:45 pm

Spiritually Intelligent leaders – The growth of a human being

Abbas Husain, Senior Associate, Training Solutions

04:45 pm to 05:00 pm

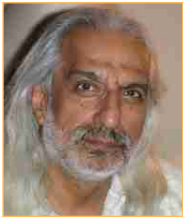
Vote of Thanks - Terrabiz



Festival of Learning

August 5 2009, Marriott Hotel, Karachi

Festival Speakers



Max Babri

Pakistan Cricket Team Psychologist
Life Skills Coach
and Clinical Hypnotherapist

Creating a sanctuary for Pakistan Cricket Team to recognize that they are the world's best at what they do and emerge out of this having faith in their abilities, while strengthening their resolve to create new benchmarks for success and happiness for themselves and their families; Max took the Team at the start of 20/20 World cup into a deep hypnotic trance, using a fractional relaxation technique, along with deep breathing and positive creative visualization. As a hypnotist he helped them let go of any negative past experiences and utterances of parents, and other powerful people which were in a negative light. They were programmed by Max to bring the trophy home.



Naeem Zamindar

Vice President
Mobilink

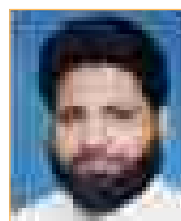
Apart from VP of Pakistan's largest telecommunication company, Mobilink, Naeem Zamindar teaches at "The Art of Living Foundation" with a passion and love. It had transformed his experience and perception of life; it gave him meaning, clarity and joy to an extent that he had never experienced before. He is inspired by the vision of creating a stress free state of being for individuals, one that opens up a space for significant inner and outer transformation. In the gold rush of Silicon Valley, he realized that all the achievements and successes only bring about temporary joy, and that the real joy lay within one's being. He slowly transformed his life to live the principles taught in the Art of Living course. In May 2004, Naeem left his job at Intel Capital to move back to Pakistan, to establish the Art of Living Foundation.



Dr. Khalid Zaheer

Director Education
Al-Mawrid Institute of Islamic Education

Prior to joining Al-Mawrid in September 2006, Dr. Zaheer was an Associate Professor of Islamic Studies and Ethics at Lahore University of Management Sciences (LUMS). Dr Zaheer's PhD dissertation focused on Interest-Free Banking. Dr. Zaheer has appeared in many television programs and has also given sermons at mosques, both in Pakistan as well as in the UK. His understanding of Islamic teachings and his experiences have convinced him that our present-day world is confronted with scourges of two extremisms: religious extremism and liberal extremism. He has joined Al-Mawrid to realize his dream to promote the cause of the true Islamic message, which is neither extremist nor liberal.



Fakhir Shah

Managing Partner - MEA
Schuitema

At the young age of 22, Fakhir was granted the authority to transmit by his Sufi master. Initially he found professional life an enormous challenge as he tried to handle the apparent conflict between his training as a student of Sufism and the demands of a profession. Sufism had taught him to let go of outcomes and do the right thing, while the corporate world required the achievement of outcomes in the form of targets. Although he performed well in a competitive multinational business environment at the cutting edge of technology, he continued to seek a master key that could create harmony in all aspects of his life.



Festival of Learning

August 5 2009, Marriott Hotel, Karachi

Festival Speakers



Asad Rezzvi

CEO
E³ Global

Asad Rezzvi is the CEO of E³ Global, a U.S. based firm that consults with organizations worldwide. He is an authority in the field of Peak Performance and Influence Psychology. He's been trained in the Anthony Robbins multitraining, intensive coach-training program, including the elite Leadership Academy for which he was invited on scholarship. In addition to that he has also studied and practiced NLP and Hypnotherapy. Asad consults with businesses and individuals in the United States, Pakistan, Japan and Singapore.



Kamran Sultan

NLP & Hypnosis Trainer
The First Institute of Dynamic Learning

Kamran Sultan is Pakistan's First & Only 'GENUINE' Licensed Trainer and Master Practitioner of Neuro-Linguistic Programming (NLP) for Society of NLP (USA). He is Jose Silva's UltraMind Training supervisor and ESP Course Instructor for Pakistan. He is also a Certified Coach.

He is also a Certified Instructor of Hypnosis, a Certified Clinical Hypnotherapist and Reiki Master in Usui & Kundalini Reiki Systems. Kamran has received his own training in UK from some of the best NLP, Hypnosis & Silva UltraMind trainers including Dr. Richard Bandler (Creator of NLP), Paul McKenna, Julie Silverthorn, Alex G. Silva.



Abbas Husain

Director Teachers
Development Centre
Senior Associate Training Solutions

Abbas Husain has been a corporate trainer since 1990. In addition to over 13000 teachers all over Pakistan he has offered Training Programs in several multinational and local business houses at (among others): Galileo Software, Royal Sun Alliance, The State Bank of Pakistan, PIA, ICI, Bank AL Habib, Shabbir Tiles, NGORC/AKF, Thames Business School, DHL, ACCA, PICIC and Habib Bank Limited. He has been a consultant for UNICEF at the Regional Conference in Khatmandu, Nepal, 1998. He has appeared on GEO TV, Indus TV and PTV for educational and religious programs.

Festival Investment Rs. 6,500/- per participant

Every 4th participant from the same organization is **FREE**

Terrabiz:
Mohammed Phaysal
phaysal@terrabizgroup.com
Fax: +92 21 4557264
Phone: +92 21 455 0319 & 455 0431
Cell: +92 300 213 3849
+92 321 278 1000
www.terrabizgroup.com